

OCTOBER MENU

Pre-Kinder



Eerie Eyeballs

Ingredients:

- Apple Rings (1 per eye)
- Dried Apricots (1/2 per eye)
- Raisins

How to make it:

1. For each pair of eyes, gently flatten two dried apple rings with the palm of your hand.
2. Carefully slice a dried apricot through the middle so that you end up with two circular halves. Press a half, sticky side down, onto the center of an apple ring, covering the hole.
3. For pupils, place the raisins onto the apricots.

Every lunch also includes a choice of Milk.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| 1 Chicken Nuggets Hot Roll Mashed Potatoes Green Beans Fruit Cup | 2 Italian Dippers Seasoned Peas & Carrots Colorful Apple Sauce | 3 Corn Dog Cucumber Nachos Baked Beans Fruit Cup | 4 Nachos Refried Beans Spanish Rice Lettuce & Tomato Pineapple Chunks | 5 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit |
| 8 <i>Enjoy Your Day Off!</i> | 9 Pizza Garden Salad Steamed Vegetables Berries & Cream | 10 Fun Time Meal Choice of Sandwich Baked Chips Pickle Salad Carrots Fruit Cup & Juice | 11 Tacos Charro Beans Spanish Rice Lettuce & Tomato Fruit Cup | 12 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit |
| 15 Boneless Wings Hot Roll Roasted Potatoes Seasoned Green Beans Fruit Cup | 16 Pizza Italian Salad Steamed Vegetables Fruity Jell-O | 17 Chicken & Waffles Steamed Vegetables Fruit Cup | 18 Quesadillas Lettuce & Tomato Beans al Carbon Spanish Rice Fruit Cup | 19 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit |
| 22 Steak Fingers Hot Roll Mashed Potatoes Steamed Vegetable Fruit Cup | 23 Spaghetti with Meat Sauce Tossed Salad Seasoned Green Beans Fruit Cup | 24 Chili Dog Fresh Vegetable Dippers Steamed Broccoli Orange Smiles | 25 Nachos Refried Beans Spanish Rice Lettuce & Tomato Homemade Salsa Fruit Cup | 26 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit |
| 29 Popcorn Chicken Hot Roll Mashed Potatoes Seasoned Vegetables Bomana Sundaes | 30 Pizza Italian Salad Seasoned Corn Fruit Mix | 31 Asian Bowl Steamed Vegetables Glazed Carrots Pineapple Chunks or BYSL | November 1 Tacos Charro Beans Spanish Rice Lettuce & Tomato Homemade Salsa Fruit Cup | November 2 Burger Basket Choice of Burger with Baked Fries Lettuce with Pickles Sliced Tomatoes Fresh Fruit |

Breakfast



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| Strawberry Pancakes or Yogurt & Muffin | Scrambled Eggs with Toast and your choice of Bacon, Sausage, or Ham | Sausage Biscuits & Gravy or Pancake Wrap | Breakfast Pizza or Chicken & Biscuits | Breakfast Sandwich or Pig in a Blanket |

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

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