

JANUARY

Pre-Kinder

Milk will be offered with every meal.

WINTER TREAT

Just because Christmas is over doesn't mean winter activities have to stop. Keep the fun going with this easy and healthy snack recipe!

Ingredients:

- Rice cake
- Cream cheese
- Raisins
- Your choice of red/orange fruit or vegetable

Instructions:

- Spread cream cheese on rice cake
- Place raisins on top of cream cheese to make the eyes and smile.
- Use your choice of vegetable or fruit for the nose and scarf

ENJOY!



Monday	Tuesday	Wednesday	Thursday	Friday
9 Enjoy Your Day Off!	10 Nachos Refried Beans Tossed Salad Fresh Apples	11 Country Bowl with Popcorn Chicken, Creamy Mashed Potatoes and Sweet Corn Hot Roll Fruit Cup	12 Soup and Sandwich Lettuce & Tomatoes Choice of Chips Carrot Dippers Fruit Salad	13 Chicken Sandwich Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit
16 Cheese Pizza Seasoned Vegetables Fruit Cup	17 Soft Tacos Pinto Beans Lettuce & Tomato Orange Smiles	18 Chicken Nuggets Hot Roll Mashed Potatoes Seasoned Green Beans Cinnamon Apple Sauce	19 Stuffed Baked Potato Hot Roll Steamed Broccoli Carrot Dippers Frozen Fruit Treat	20 Cheese Burger Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit
23 Cheese of Pizza Seasoned Vegetables Fruit Dessert	24 Tornados Pinto Beans Spanish Rice Fruit Cup	25 Chicken Strips Hot Roll Mashed Potatoes Seasoned Green Beans Berries & Cream	26 Popcorn Chicken Rice Steamed Broccoli Fruit Salad	27 Chicken Sandwich Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit

Breakfast

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week of 1/2 & 1/16	Waffles	Breakfast Pizza	Bacon & Eggs w/ Toast	Breakfast Taco	Ham & Cheese Croissant
Week of 1/9 & 1/23	Breakfast Sweet Roll	Pancake Wrap	Eggs & Sausage w/ Toast	Muffins w/ Yogurt	Biscuits & Gravy