


# November Menu elementary

Milk and an Uncrustable Grab & Go will be offered with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Spaghetti with Hot Roll or Corn Dog with Chips Green Beans Glazed Carrots Fruit Cup	2 Nachos Lettuce & Tomato Refried Beans Spanish Rice Homemade Salsa Creamy Mandarin Oranges	3 Lasagna with Garlic Toast or Pizza Seasoned Vegetables Side Salad Fruit Cup	4 Chicken Nuggets or Steak Fingers with Hot Roll Mashed Potatoes Seasoned Vegetables Banana Sundaes	5 Cheese Burger or Chicken Sandwich Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Fruit
8 Asian Bowl or Egg Rolls with Fried Rice Steamed Oriental Vegetables Side Salad Fruit Cup	9 Tacos Lettuce & Tomatoes Pinto Beans Spanish Rice Homemade Salsa Pineapple Fluff	10 Spaghetti with Meat Sauce and Garlic Toast or Pizza Seasoned Green Beans Side Salad Fruit Cup	11 Smothered Steak or Chicken Strips with Hot Roll Mashed Potatoes Seasoned Vegetables Apple Crisp	12 Chicken Sandwich or Specialty Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Fruit
15 Chicken & Waffles or Chicken Strips Carrot Dippers Steamed Vegetables Fruit Cup	16 Crispitos or Burritos Lettuce & Tomato Refried Beans Spanish Rice Homemade Salsa Berries & Cream	17 Meatball Sub with Chips or Pizza Side Salad Seasoned Vegetables Fruit Cup	18 	19 

## Get to MIXIN' in the KITCH'N!

When you think of Thanksgiving what comes to mind? Eating, watching football, relaxing with family? What about cooking the Thanksgiving Feast? Why don't you get in on the action in the kitchen this Thanksgiving. Here are a few ways you can help out!

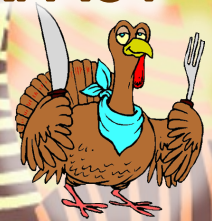
1. Set the table! You can even grab some outside nature items to spruce up the table with.
2. Offer some unique toppings for traditional menu items like corn flakes on sweet potatoes instead of marshmallows or shredded cheese on mashed potatoes.
3. Make the fruit salad! Cut up all your favorite fruits, throw them in a bowl together and ta-da! You can even throw in some marshmallows for a little extra fun!



# Happy Thanksgiving!



## BREAKFAST



An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 & 3	French Toast Sticks	Breakfast Burrito	Eggo Waffles	Pig in a Blanket	Ham & Cheese Croissant
Week 2	Donuts	Biscuits & Sausage	Breakfast Sandwich	Breakfast Wrap	Breakfast Pizza

This institution is an equal opportunity provider.