

October Menu

SECONDARY

Eerie Eyeballs

An Uncrustable Grab N' Go and Milk will be offered with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Alfredo with Hot Roll or Choice of Pizza Seasoned Vegetables Fresh Salad Salad Toppings Banana Sundaes	4 Totchos or Tornados or Burger Pinto Beans Spanish Rice Homemade Salsa Fresh Salad Salad Toppings Fruit Cup	5 Smothered Steak or Chicken Strips with Hot Roll or Pizza Mashed Potatoes Seasoned Green Beans Fresh Salad w/ Toppings Mixed Fruit Cup	6 Asian Bowl with Fried Rice or Popcorn Chicken or Burger Seasoned Vegetables Fresh Salad Salad Toppings Fruit Salad	7 Mexican Burger or Chicken Sandwich Basket with Fries or Pizza Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
10 <i>Enjoy your day off!</i>	11 Nachos or Burger Refried Beans Spanish Rice Homemade Salsa Fresh Salad Salad Toppings Fresh Apples	12 Country Bowl or Country Bucket or Pizza Hot Roll Seasoned Vegetables Fresh Salad Salad Toppings Fruit Cup	13 Toasted Sandwich or Corn Dog or Burger Choice of Chips Baked Beans Fresh Salad Salad Toppings Fruit Cup	14 Cheese Burger or Chicken Sliders Basket with Fries or Pizza Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
17 Lasagna with Breadstick or Choice of Pizza Seasoned Vegetables Fresh Salad Salad Toppings Fruit Cup	18 Tacos or Crisпитos or Burger Lettuce & Tomatoes Pinto Beans Spanish Rice Homemade Salsa Pineapple	19 Boneless Wings or Steak Fingers with Hot Roll or Pizza Mashed Potatoes Seasoned Green Beans Fresh Salad w/ Toppings Colorful Pears	20 Mexican Mac & Cheese with Hot Roll or Cheesy Bread Bites or Burger Seasoned Corn Fresh Salad Salad Toppings Strawberries and Cream	21 Chicken Sandwich or BBQ on Bun Basket with Fries or Pizza Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit
24 Baked Ziti with Garlic Toast or Pizza Seasoned Vegetables Fresh Salad Salad Toppings Banana Sundaes	25 Street Tacos <i>Chicken Fajitas or Grilled Beef in a Soft Corn Tortilla</i> or Burger Rice and Beans Lettuce & Tomatoes Homemade Salsa Fruit Cup	26 Crispy Chicken Drumstick or Chicken Strips or Pizza Hot Roll Mashed Potatoes Steamed Baby Carrots Fresh Salad w/ Toppings Fresh Orange	27 Asian Bowl with Fried Rice or Popcorn Chicken or Burger Seasoned Vegetables Fresh Salad Salad Toppings Fruit Salad	28 GRAB N' GO SACK LUNCH 

Ingredients:

- Apple Rings (1 per eye)
- Dried Apricots (1/2 per eye)
- Raisins

How to Make It:

1. For each pair of eyes, gently flatten two dried apple rings with the palm of your hand.
2. Carefully slice a dried apricot through the middle so that you end up with two circular halves. Press a half, sticky side down, onto the center of an apple ring, covering the hole.
3. For pupils, place the raisins onto the apricots.



Breakfast

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk will be offered.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Breakfast on Bun	French Toast Sticks	Bacon & Eggs w/ Toast	Pancake Wrap	Biscuit & Gravy
Week 2	Breakfast Bowl	Banana Bread	Eggs & Sausage w/ Toast	Breakfast Sausage	Fruit Frudel