


August Menu

Lunch:

Pre-Kinder

Every lunch also includes a choice of Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back! 		11th Pizza Seasoned Vegetables Side Salad Fruit Cup	12th Chicken Nuggets Hot Roll Mashed Potatoes Seasoned Vegetables Banana Sundaes	13th Cheese Burger Basket with Fries Lettuce & Pickles Fresh Fruit
16th Popcorn Chicken Steamed Vegetables Side Salad Fruit Cup	17th Soft Tacos Lettuce & Tomatoes Pinto Beans Spanish Rice Pineapple Fluff	18th Spaghetti with Meat Sauce and Garlic Toast Seasoned Green Beans Side Salad Fruit Cup	19th Chicken Strips with Hot Roll Mashed Potatoes Seasoned Vegetables Apple Crisp	20th Chicken Slider Basket with Fries Lettuce & Pickles Fresh Fruit
23rd Hot Dog Baked Beans Carrot Dippers Fruit Cup	24th Crisпитos Lettuce & Tomato Pinto Beans Spanish Rice Berries & Cream	25th Pizza Side Salad Seasoned Vegetables Fruit Cup	26th Popcorn Chicken with French Fries Steamed Broccoli Fruit Salad	27th Cheese Burger with Fries Lettuce & Pickles Fresh Fruit

Lunch Time!

After all that time in class, you deserve a chance to head to the cafeteria to sit down, relax, and enjoy the company of your friends over a yummy meal!

Your school's lunch is designed with your health in mind. It's packed full of vitamins and minerals that will help you to do your best in school!

School lunchtime is full of choices. Choose an entree and any side items you would like. **Don't forget to pick up at least a 1/2 cup of vitamin packed fruits or vegetables.**

Eating a variety of healthy foods helps:

- Give you energy
- You grow the way you should
- You from getting sick

Think of your school lunch as the fuel you put in your tank. If you choose the wrong kind of fuel, you may just run out of energy before the day is over.

Breakfast:

Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are offered everyday.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 & 3	Breakfast Pizza	Yogurt Parfait with Scoobies	Waffles	Eggs with Bacon or Sausage and Toast	Breakfast Sweet Roll
Week 2	Donut Shop	Pig in a Blanket	Biscuits and Gravy	Mini Maple Pancakes	Breakfast Sandwich