

October Menu

PRE-KINDER

Eerie Eyeballs

Ingredients:

- Apple Rings (1 per eye)
- Dried Apricots (1/2 per eye)
- Raisins

How to Make It:

1. For each pair of eyes, gently flatten two dried apple rings with the palm of your hand.
2. Carefully slice a dried apricot through the middle so that you end up with two circular halves. Press a half, sticky side down, onto the center of an apple ring, covering the hole.
3. For pupils, place the raisins onto the apricots.



Milk will be offered with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Choice of Pizza Seasoned Vegetables Banana Sundaes	4 Tornados Pinto Beans Spanish Rice Fruit Cup	5 Chicken Strips Hot Roll Mashed Potatoes Seasoned Green Beans Mixed Fruit Cup	6 Popcorn Chicken Rice Seasoned Vegetables Fruit Salad	7 Chicken Sandwich Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit
10 <i>Enjoy your day off!</i>	11 Nachos Refried Beans Tossed Salad Fresh Apples	12 Country Bucket with Popcorn Chicken and Fries Hot Roll Seasoned Vegetables Fruit Cup	13 Grilled Sandwich Choice of Chips Carrot Dippers Fruit Cup	14 Chicken Sliders Baked Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit
17 Cheese Pizza Seasoned Vegetables Fruit Cup	18 Crispitos Lettuce & Tomatoes Pinto Beans Orange Smiles	19 Steak Fingers Hot Roll Mashed Potatoes Seasoned Green Beans Colorful Pears	20 Cheesy Bread Bites Seasoned Corn Fresh Carrots Strawberries and Cream	21 Chicken Sandwich Basket with Fries Lettuce & Pickles Fresh Baked Cookie Fresh Fruit
24 Baked Ziti Garlic Toast Seasoned Vegetables Banana Sundaes	25 Chicken Fajita Soft Taco Pinto Beans Lettuce & Tomatoes Fruit Cup	26 Crispy Chicken Drumstick Hot Roll Mashed Potatoes Steamed Baby Carrots Orange Smiles	27 Popcorn Chicken Rice Seasoned Vegetables Fruit Salad	28 GRAB N' GO SACK LUNCH

Breakfast

An option of cereal & toast, fresh fruit or fruit cup, and a choice of juice and milk will be offered.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Breakfast on Bun	French Toast Sticks	Bacon & Eggs w/ Toast	Pancake Wrap	Biscuit & Gravy
Week 2	Breakfast Bowl	Banana Bread	Eggs & Sausage w/ Toast	Breakfast Sausage	Fruit Frudel

